



Our mission today:

to find out why we eat pancakes on Shrove Tuesday.

Use the words on the right to fill in the blank spaces below.



For hundreds of years, people in the UK have eaten pancakes on _____ .

Shrove is a very old word. It was used when a person had visited a priest to make a confession.

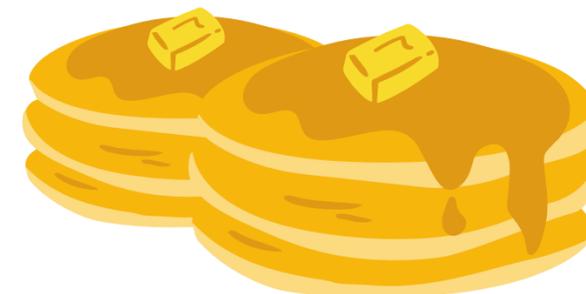
Shrove Tuesday is the day before _____ , the day that begins the season of _____ .

Lent is a special time when Christians make a big effort to be more like _____ .

A good way to begin is by saying _____ to God for the times we have sinned.

Years ago people would say sorry - would _____ their sins - on **Shrove Tuesday**, so that they could make a good start to **Lent**.

But why eat _____ on **Shrove Tuesday** too?



Lent

Jesus

Shrove Tuesday

confess

Ash Wednesday

pancakes

sorry

Use the words on the right to fill in the blank spaces below.



During the season of _____ Christians are asked to practice these three things:

- _____
- _____
- _____

Shrove Tuesday

Praying

Pancakes

Lent

Fasting

Charity

People often 'fast' from (give up) things they enjoy in Lent, like chocolate.

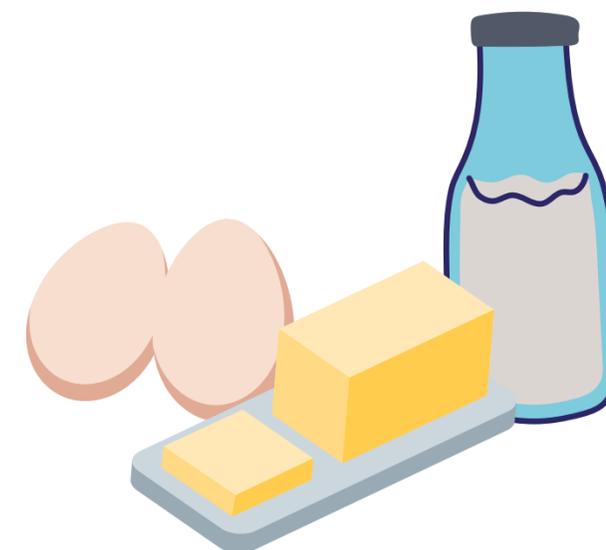
In the past, people in Lent would fast from food that was considered a treat. Food like:

- Eggs, butter, and milk

That meant that on _____ people would use up these food items.

If you mix these ingredients together with flour, what could you make?

_____ ! That's why we eat these delicious snacks on **Shrove Tuesday**.



Fasting, sharing and **praying** in Lent encourage us to live more simply and to think about what others **need**, not about what we **want**.

To help you think about this a bit more, make two lists below.

On one list write four things you **want**.

On the other list write four things you **need**.

Want

Need



If we give up a little of what we want and share a little, do you think others might get more of what they need?

Here are some children who receive things they need thanks to you praying and sharing with Mission Together.



Can you describe the difference between a **want** and a **need**?

A want is...

A need is...

It may help to think of synonyms of 'want' and 'need'.



Praying in Lent is another way we can remember the needs of others. When we pray for someone we are not only asking for God's help, we are remembering that God wants us to help too.

Try writing your own Lent prayer below. The **useful words** are there to guide you.

Useful words

- | | | |
|---------------|-------------|---------|
| Loving Father | Bless | World |
| Dear Jesus | Family | Share |
| Help me to | Friends | Forgive |
| Teach me how | School | Love |
| Together | Priest | Care |
| Lonely people | Welcome | Kind |
| Thank you | Sick people | Amen |

Don't forget your grammar and punctuation!



God asks us to pray and share so that everyone, everywhere knows they are loved and have what they **need** to live well. This Lent you can help by getting involved in Mission Together's,

Flipping Fantastic Lent Fundraiser!

- 1** Fill your details in the **Flipping Fantastic Sponsor Sheet**.
- 2** Get as many people as possible to sponsor you for every pancake flip you do.
- 3** Practise! You don't have to make real pancakes to practise. You could cut out a cloth or felt pancake shape.
- 4** **With a grown-up**, make your pancakes and ask someone to film you as evidence of your flipping fantastic pancake skills.
- 5** Share your filmed flips with your school and @MissioUK. Then collect and send your sponsorship to Mission Together!

