



St Oswald's Catholic Primary School
Headteacher - Mrs B Wood
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St Oswald's Catholic Community:
With Christ at the centre of our
community, our mission is to live,
love and learn as Jesus taught us.

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The Newsletter

Spring term no.5 –4 February 2021

Keeping in Touch every week

Follow us on twitter @StOswaldsCPS

Dear Parents,

We hope you found Fabulous Friday helped to ease the load of Home Learning. Looking forward to 'Dress to Express' tomorrow so don't forget everyone is to wear something that makes them feel great as part of our Children's Mental Health Week. Attached are two resources that you might be interested to read. One is for you as parents and the other is for you to share with your child.

Home Learning next week includes Dance Week! Mr Mears has created a dance routine that we can all learn throughout next week. The video is on each of the Class Pages. Once your child has mastered the moves, please upload to Seesaw a 10 second video of whichever part of the dance your child would like to show by 12 noon on Thursday 11th February. We will then make a compilation of the whole dance and upload it to the website and twitter as a finale to the half term!

Monday Mass:

Fr Michael is saying Mass every Monday at 9.30am from St Teresa's Parish and he has invited all the children to log on if they wish to join him. The link is: <https://www.mcnmedia.tv/camera/st-teresas-penwortham>

South Ribble Story time:

I have been asked to share the following with you; it sounds like a great idea if you want to get involved!

You may or may not be aware that the Mayor of South Ribble, Cllr Jane Bell read stories out on Facebook weekly before Christmas. These proved to be a great hit for young and old alike. We did receive a few suggestions from our viewers, but thought it would be a nice idea if we invited the children to write a story themselves for the Mayor to read out. I have attached a clip below from the Mayor which has all the details in.

<https://youtu.be/ATXhfZ2aG-4>

Please could you circulate this to your students and their parents. If any student would like to write a story and submit, please ask them to email it through to me: tracy.oreilly@southribble.gov.uk by Friday, 12 February and include the following details:

Name of School
Student Name and Age

All students that send in a story will receive a certificate from the Mayor. We also hope to start reading the stories out during half-term in February.

Free Children's Meditation session:

VRai Mindfulness & Meditation, specialists in children's wellbeing are offering a FREE 30 minute online session to all primary school children. The session will focus on recognising, naming and regulating emotions using tried and tested techniques proved to build self-esteem and bring an overall sense of calm.

The free session will be held on 10th February from 10:00 to 10:30am via zoom. To join the session, please send; your name, child's name, child's age and email address to Rebecca on [07817 378289](tel:07817378289). A link to the free session will then be sent directly to you.

Project Smile:

The aim of this project is to encourage children to support each other throughout lockdown.

Please click on the link below to find a collection of videos, pictures, and inspiring stories from children across the UK and the opportunity to submit an entry if you wish.

<https://www.1decision.co.uk/news/project-smile>

And finally...

Team Oswald is here for you, just get in touch if you need anything. Thank you for your on-going feedback which is encouraging and constructive!

Please take great care of yourselves during this time.

Yours sincerely

B Wood
Headteacher