



St Oswald's Catholic Primary School  
Headteacher - Mrs B Wood  
Chapel Lane  
Longton  
Preston PR4 5EB

St Oswald's Catholic Community:  
With Christ at the centre of our  
community, our mission is to live,  
love and learn as Jesus taught us.

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**The Friday Newsletter**  
**Autumn term no.6 – 9 October 2020**  
**Follow us on twitter @StOswaldsCPS**

**PLEASE READ THE NEWSLETTER**

Dear Parents,

**Update since last newsletter:**

- Staff and children at St Oswald's brightened up the school day today by wearing yellow to raise awareness for young people's mental health. We have raised just over £80.00. If you still wish to donate, the yellow bucket will be under the canopy by the school entrance at the end of the school day and on Monday. Thank you!
- Your Harvest donations were gratefully received by Penwortham Food Bank, many thanks.

**COVID Reference Guide for Parents:**

Please find attached latest COVID-19 information in the school setting.

Having spent 2 weeks self- isolating and being reminded every day of my legal responsibilities to do so, I cannot stress enough how we all must take our responsibilities seriously to reduce the spread of this virus. Please, please keep everyone safe by handwashing, distancing and wearing a face covering. At the moment we have no children or staff who are positive and we need to keep the school setting as safe as possible and this can only be achieved if everyone does the right thing.

Thank you for supporting all the restrictions that have been put in place in Lancashire. The more we stick to all the rules, the quicker we can resume being together properly.

**Coronavirus restrictions in Lancashire**

Latest advice from Lancashire County Council to the people and businesses of Lancashire is as follows:

- Do not socialise with anyone outside of your household or support bubble, either in your house, garden or anywhere else.
- Hospitality venues for food and drink must operate table service only.
- Leisure and entertainment venues, including restaurants, pubs and cinemas, must close between 10pm and 5am.
- Only use public transport for essential journeys – such as travelling to school or work, or medical appointments.
- A face covering must be worn on public transport and in taxis, shops and hospitality venues when not seated, unless you are exempt.
- Avoid attending amateur and semi-professional sporting events as a spectator.
- Only visit indoor locations such as restaurants and pubs with other members of your household or support bubble, in a group of no more than 6.
- People should work from home where possible.

Visit our web-site [www.longton-st-oswalds.lancs.sch.uk](http://www.longton-st-oswalds.lancs.sch.uk)

- Only 15 people can attend a wedding service and reception - 30 people can still attend a funeral.
- A maximum of six people can take part in indoor team sports.
- Large sports events and conferences, planned from 1 October will not now take place.

### Reminders:

**School Starter Photographs:** Reception Parents! If you wish to purchase the photograph, please return the order form and payment in the envelope provided by **Monday 12<sup>th</sup> October**. The orders will be collected Tuesday morning. We will let you know once we know when the photograph will appear in the 'School Starters 2020' supplement of the newspaper.

**Annual Nasal Flu Vaccinations:** Please read and complete with either the YES form or NO form in full (one per child) and return to school by Monday 12<sup>th</sup> October. The Intrahealth Nursing team will be collecting the forms next week.

**Supplementary Faith Forms for All Hallows:** Please ensure that the Supplementary Faith Form is completed and sent to school by **Friday 15<sup>th</sup> October** or to All Hallows directly.

### Primary Admissions 2021:

If you have a child who is due to start school in September 2021 then you MUST apply on-line at [www.lancashire.gov.uk/schools](http://www.lancashire.gov.uk/schools) **The CLOSING DATE FOR PRIMARY APPLICATIONS IS 15 JANUARY 2021.** You must apply even if you already have siblings in school.

Please ensure that you also complete the ST OSWALD'S SUPPLEMENTARY FAITH FORM which is available on the school website or from school. The Supplementary Faith Form must then be forwarded to SCHOOL together with a copy of your child's BAPTISMAL CERTIFICATE BEFORE THE CLOSING DATE!

Please note: If your child was baptised at St Oswald's and you do not have a copy of your child's baptismal certificate, please complete a 'Baptismal Certificate request slip', which is available from school and post this through the St Oswald's presbytery postbox.

### Secondary Admissions 2021:

If your child is due to transfer to High School in September 2021, then please apply on-line at [www.lancashire.gov.uk/schools](http://www.lancashire.gov.uk/schools). **The CLOSING DATE FOR SECONDARY APPLICATIONS IS 31 OCTOBER 2020.**

### PTFA News:

**The PTFA have been incredibly busy planning events in a very creative way as we do need your support to raise much needed funds for our pupils!**

**PTFA Halloween Quiz:** Halloween quiz sheets are available from Monday 12th October. Please send your £1.00 entry fee in an envelope with your child's name on stating 'Halloween Quiz' into school. Quiz sheets will be sent home with your child on that day and to be returned by Wednesday 21st October. The winner will be announced in school on Friday 23rd October. The prize is a giant pumpkin and carving kit. We'll post a photo of the prize on the PTFA Facebook page.

Please send the envelopes and returned quiz sheets in with your child. Please do not feel the need to drop them off at the office. Your child will put the envelope in the class box in the morning which will be sent to the office.

**PTFA Pumpkin Carving Competition:** Entry is by uploading a photo to the PTFA Facebook page by 30th October. The best pumpkin will win a Trick or Treat box for two from The Village Teapot. The winner will be announced on Facebook on 31st October.

**PTFA Rainbow Day!!** Watch out for details of this event in next week's newsletter!

## Local Library News:

### Reading Well for Children

Reading Well for Children is a list of books to provide children and their families and carers with information, advice and support for coping with feelings and worries, daily life and getting through a tough time.

Books have been chosen and endorsed by leading health professionals (NHS England, Mind, the Royal College of GPs, the School Library Association, and colleagues from public libraries) and co-produced with children and families.

The booklist is targeted at children in Key Stage 2 (aged 7-11) but includes a wide range of reading levels to support less confident readers, and to encourage children to read together with their siblings and carers.

The list covers:

- Maintaining good mental health and wellbeing
- Understanding and managing feelings
- Dealing with worries
- Navigating the world around you (at school, online, in the news)
- Dealing with tough times (when someone dies, trauma, when a parent/carer has mental health needs)
- Living well specific diagnosed conditions (including ADHD, Autism Spectrum Disorders (ASD), OCD and physical disabilities)

You can borrow any of the **Reading Well for Children** or **Shelf Help for Young People** books from any Lancashire Library for **free**. For more information, visit your local library or visit:

<https://www.lancashire.gov.uk/libraries-and-archives/libraries/>

### Shelf Help for Young People

Shelf Help is a list of books to provide 13-18 year olds with a set of 35 books endorsed by young people with first-hand experience of mental health issues. Topics include anxiety, depression, self-harm and eating disorders as well as difficulties of life such as bullying.

Some of the recommended books suggest useful self-help techniques. There are also personal stories, graphic novels and fiction. Reading about other people's experiences and feelings can sometimes help you understand your own. You can use the books on their own, although self-help reading often works best with support from a health professional. Your doctor can advise you on the support that's available.

The Reading Well books have been chosen by young people and health experts to help you with difficult feelings and experiences that can affect your wellbeing.

Look out for the books in your local library. They're also available on Borrow Box as an eBook which you can access for free on your smartphone or tablet.

The list covers:

- Maintaining good mental health and wellbeing
- Learning about life
- Bullying
- Dealing with worries, anxiety, stress and panic
- Self-esteem, eating disorders, body image and self-harm
- Dealing with depression and mood swings
- Living well specific diagnosed conditions (including ADHD, Autism Spectrum Disorders (ASD), and OCD)

You can borrow any of the **Reading Well for Children** or **Shelf Help for Young People** books from any Lancashire Library for **free**. For more information, visit your local library or visit:

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## Community News- A Thank You from Cath:

Visit our web-site [www.longton-st-oswalds.lancs.sch.uk](http://www.longton-st-oswalds.lancs.sch.uk)

Longton Walking Treasure Hunt: Thank you to all who took part in the Longton Walking Treasure Hunt on September 26th and 27th. We hope you all enjoyed searching for the answers.

The sale of question sheets raised £800 to support the work of Christian Aid in Nicaragua where many farmers have suffered devastation due to climate change and where Christian Aid is now running a project to enable them to change to growing climate resistant cocoa plants. The sale of cocoa is making a huge difference and providing families with money for food, medicines and clothes for their children.

In addition, donations - amounting eventually to over £200 - were received for the Christian Aid Coronavirus Appeal.

For the children's questions, the winning girl has received a football and twelve other children won a bar of chocolate.

Question sheets are still available for anyone unable to participate at the weekend and must be returned by October 31st. A small prize will be offered for the winning late entry.

Please contact Cath Greenlees if you require any further information on email: [cathgreenlees@hotmail.co.uk](mailto:cathgreenlees@hotmail.co.uk); or telephone 01772-613500.

And finally.....

If you have any queries or concerns, please do not hesitate to get in touch by email or phone; we will always do our best to help.

Have a lovely weekend; stay safe and well. Looking forward to seeing you all on Monday!

Yours sincerely

B Wood  
Headteacher