Tower Wood kit list

Having spoken to the children and parents, I have created a detailed list of what you should pack for Tower Wood based on my many years of experience. Hopefully it will not seem like too much but if the children look after their items and use the ‘dry room’ cleverly, they will end up with clothes they have not yet used.

* Waterproof coat (Tower Wood will also provide a waterproof coat upon arrival)
* 3 hoodies/fleeces (Tower Wood will provide a fleece also)
	+ You should be wearing one of these on Wednesday morning
* 5 t-shirts
	+ You should be wearing one of these on Wednesday morning
* 5 Jogging bottoms / tracksuits bottoms
	+ You should be wearing one of these on Wednesday morning
* 6 pairs of underwear (including socks)
	+ You should be wearing these on Wednesday morning
* 2 pairs of trainers
	+ You should be wearing one of these on Wednesday morning
* 2 towels (one to wash with and one to dry yourself after a water activity)
* Toothbrush and toothpaste
* Shower gel and shampoo
* A lunch for Wednesday only
* A bottle (which we can reuse every day)
* A backpack for your lunch box (you possibly do not need this as Tower Wood provide a back pack)
* Pyjamas

Not essential:

* Swimming costume (but most people just use underwear)
* A cheap torch (if you have one – it is not a major requirement as the complex has lighting but as it goes dark early still, your child may bring one)

No hair gel or hair products are needed

No hats are needed as we will be wearing helmets for most of the activities

**When you arrive to school on Wednesday, please put a spare set of clothes in a plastic bag, in your suitcase (so then we are ready to go straight to an activity with a spare change of clothes, in case we get wet).**