

**"All the children felt they had achieved and overcome challenges with the full support of the instructors"**



**All staff enhanced DBS cleared, also safeguarding and first aid trained**

## **Bikeability**

A 2-day cycle-based training programme fit for today's roads. Your child is invited to take part in this free training with **award winning cycle instructors** on the below dates.

**School: St Oswald's  
Primary School**

**Year Group: 6**

**Time: During the school day**

**Date: Monday 20/10/25 &  
Wednesday 22/10/25**

**Please complete the booking link  
overleaf**



**"I loved riding round and exploring new places"**

**Bikeability takes place over two levels. During Level one your child will be on the school playground showing off their basic cycle skills, signalling and observations.**

**Bikeability Level Two takes place on roads local to school, involving short journeys to give a real life experience of on-road cycling amongst traffic.**



**Please bring a road worthy  
cycle  
and  
helmet**

If you would like your child to take part in Bikeability, please complete the form using the QR Code below.

As the parent/guardian you are asked to:

- Complete the consent form via the QR Code below, before Session One.
- Provide your child with a road-worthy cycle. This should mean two working brakes and inflated tyres as a minimum. Children with using a cycle which does not meet these requirements will not be able to take part.
- Provide your child with a helmet - this is compulsory.
- Indicate on the consent form, any medical conditions or information which is important to the instructors to complete a cycle based course.

By completing the below form, you give permission for your child to take part in the Bikeability training course with your child's school. You understand that most of the training will take place on public roads under supervision.

**Please note that your child must complete Level One Bikeability to progress to Level Two.**

You agree that your child can take part without any liability on the part of South Ribble Borough Council in respect of any injury, loss or damage to property that is not caused by instructor negligence.

South Ribble Borough Council is not responsible for your child's journey to and from school with their cycle.

Should your child need to borrow equipment, please arrange this with the class teacher.

Bikeability training is provided with the support of;



The  
Bikeability  
Trust

